

# Creative Gourmet

## Frozen Mango & Passionfruit Popsicles



Serves  
8



Prep Time  
5 min



Cook Time  
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### Ingredients

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- 2 cups Creative Gourmet Frozen Mango pieces
- 1 cup Creative Gourmet Frozen Passionfruit (defrosted)
- 150gm yoghurt or creme fraiche
- 2 tbsp of honey



Products Used In This Recipe

### Method

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1. Add all the ingredients except the passionfruit in a blender and blend until smooth and creamy.
2. Add the passionfruit and stir.
3. Pour the mix into each popsicle mould, add a popsicle stick in each and freeze for 3-4 hours.