

Creative Gourmet

Dragon Fruit Smoothie Bowl



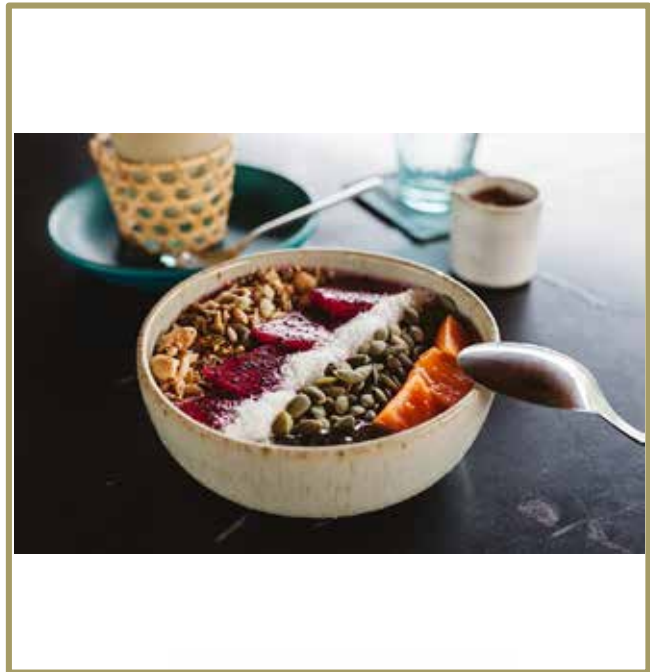
Serves
2



Prep Time
10 min



Cook Time
0 min



Ingredients

- 2 cups Creative Gourmet Frozen Pink Dragon Fruit Chunks
- 1/3 cup plain Greek yoghurt or Coconut Yoghurt
- 1 1/2 cups Creative Gourmet Frozen Banana Chunks



Products Used In This Recipe

Method

1. In a blender, add all the ingredients and blend until smooth.
2. Serve into two bowls (or freeze half for later).
3. Add toppings of choice and enjoy!