

Creative Gourmet

Pink Dragonfruit 'Nice' Cream



Serves
2-4



Prep Time
5 mins



Cook Time
0

Ingredients

- 300g Creative Gourmet Frozen Pink Dragonfruit Chunks
- 200g Creative Gourmet Frozen Bananas Chunks
- 1/2 cup unsweetened almond milk
- Juice from 2 limes



Products Used In This Recipe

Method

1. In a high speed blender, combine all ingredients.
2. Blend until smooth and creamy - this may take a few minutes. Add more liquid if necessary.
3. Transfer mixture to a parchment paper-lined loaf pan and freeze overnight.
4. When ready to serve, allow to sit at room temperature for 5-10 minutes.

Scoop, top, and enjoy!