

Creative Gourmet

Coconut Mango Smoothie Bowl



Serves
1



Prep Time
5 min



Cook Time
5 min



Ingredients

- 1 1/2 cups Creative Gourmet Frozen Mango (keep 2 tablespoons aside as topping)
- 1 cup Creative Gourmet Frozen Banana
- 1 tablespoon coconut cream
- 1/4 teaspoon vanilla extract
- 2/3 cup almond milk
- 1 tablespoon Creative Gourmet Frozen Coconut
- 1 tablespoon diced kiwifruit
- 1 tablespoon granola
- 1/2 teaspoon chia seeds



Products Used In This Recipe

Method

1. Place Creative Gourmet Frozen Mango, Creative Gourmet Frozen Bananas, coconut cream, and vanilla extract in a blender with half of the almond milk; puree until

thick and smooth adding more almond milk as required until you get to the desired consistency.

2. Pour into a serving bowl.

3. Top smoothie bowl with Creative Gourmet Frozen Coconut Chunks and Mango Pieces, kiwifruit, granola and chia seeds.