

Creative Gourmet

Coconut Banana Smoothie



Serves
4



Prep Time
5 mins



Cook Time
0

Ingredients

- ½ cup Creative Gourmet Frozen Coconut Chunks
- 1 cup Creative Gourmet Frozen Banana Chunks
- 1 cup water or Creative Gourmet Coconut Water (add more or less depending on the thickness you desire)



Products Used In This Recipe

Method

1. Blend on high until smooth and enjoy!