



Mixed Berry Bircher Muesli



Serves
4

Ingredients

- 2 cups rolled oats
- 1 ½ cups apple juice
- 2 cups Creative Gourmet frozen Mixed Berries
- 1 cup thick natural yoghurt
- 1 Granny Smith Apple, grated (skin on)
- 2 tbs honey



Products Used In This Recipe

Method

1. Place oats in an airtight container. Pour over the juice and stir to combine. Cover and refrigerate for 4 hours or overnight.
2. Before serving, place frozen berries onto a plate and set aside to defrost for 15-20 minutes. Fold yoghurt and apple through the oat mixture. Spoon into serving glasses. Top with berries, drizzle with honey and serve.

Tips:

- ☆ The oat, yoghurt and apple mixture can be stored in the fridge in an airtight container for a few days so it's ready for breakfast each day.