



Iced Berry Yoghurt Cups



Serves
6

Ingredients

- 500g Creative Gourmet frozen Mixed Berries
- 500g Greek-style thick natural yoghurt
- 2 tablespoons honey



Products Used In This Recipe

Method

1. Place frozen fruits, yoghurt and honey in the bowl of a food processor. Process until roughly pureed.
2. Spoon the mixture into 6 x 1/2-3/4 cup serving dishes. Cover each with plastic wrap and freeze for 3 hours until icy and almost frozen. Top with a few frozen berries to serve.

Tips:

- ☆ If the mixture is too firm once frozen, leave the pots out of the freezer until at desired consistency before serving.